armor of God

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Stand firm then, with the belt of truth buckled around your waist,

Know the Truth. God's truth. Our starting place is always the truth, and God's Word is our truth.



the breastplate of righteousness in place,

We are made righteous because of Jesus. We are to apply God's truth to our daily lives, living in obedience and pleasing God.



and with your feet fitted with the readiness that comes from the gospel of peace.

Knowing Jesus and His truth provides a deep, sustaining peace in our lives that anchors us. It is also peace we carry to the world.



In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.

Faith is believing. Believing God's Word is true and walking it out daily destroys the lies and the plans of the enemy.



Take the helmet of salvation

Understanding and believing your spiritual inheritance protects your mind and determines the choices you make.



and the sword of the Spirit, which is the word of God.

The sword is an offensive weapon, meaning we use it against the enemy.

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Ephesians 6:10-17

